



Vol 5 Issue 4 (April-June 2024)

Role of Islam in reducing recidivism and criminality in Pakistan

Sarwan Ali

Department of Law of Dadabhoy Institute of Higher Education, Pakistan, Email: sarwankanhar@gmail.com

Dr. Tansif Ur Rehman

Department of Law, Dadabhoy Institute of Higher Education, Pakistan, Email: tansif@live.com

Abdul Ghayoor

Department of Law of Dadabhoy Institute of Higher Education, Pakistan,

Email: aghayoor661@gmail.com

Prof. Dr. Sobia Anees Shahzad

Department of Sociology, University of Karachi,

Email: sobia.soc@live.com

Adnan Zawar

Research Scholar, Institute of Social & Cultural Studies, University of the Punjab,

Email: adnan.zawar@gmail.com

Mehmood Ahmed Usmani

Research Scholar, Department of Sociology, University of Karachi,

Email: mehmoodausmani@gmail.com

Syed Adeel Ali Bukhari

Ph.D. Research Scholar, Department of Public Administration, University of Karachi,

Email: adeelali84@hotmail.com

The manuscript has not been previously published elsewhere and is not being considered by any other journal. The authors read and approved the final version of the respective manuscript.

Note: The authors have no conflict of interest to declare





Abstract

This study explores the role of Islam in addressing recidivism and criminality in Pakistan, a country grappling with high crime rates and a struggling justice system. It highlights how Islamic principles and community-based methods can support rehabilitation and reduce reoffending. The study begins with an overview of crime trends in Pakistan, discussing the limitations of punitive approaches that often overlook root causes of criminal behavior. Instead, it proposes that Islamic values-emphasizing justice, mercy, and community responsibility-could aid in reform. Core Islamic concepts like repentance, forgiveness, and community support are examined through interviews with religious leaders, social workers, and former offenders, revealing the role of faith in fostering personal transformation. Addressing challenges such as varied interpretations of Islam and the need for collaboration, the study recommends a holistic approach, integrating spiritual and practical support through partnerships among government, religious, and civil organizations.

Keywords: Community support, criminal justice reform, recidivism, rehabilitation, Islamic principles.

Introduction

The issue of recidivism and criminality is a significant challenge facing Pakistan, a country with a diverse cultural landscape and a complex social fabric. With rising crime rates, overcrowded prisons, and a criminal justice system often criticized for its inefficacy, the need for effective rehabilitation and crime prevention strategies has become paramount. As Pakistan grapples with these challenges, the potential role of Islam in reducing recidivism and promoting societal reintegration warrants thorough exploration (Alif et al., 2024).

Pakistan's legal system, rooted in both Islamic law (Sharia) and colonialera legislation, often leans towards punitive measures rather than rehabilitative approaches. This tendency has contributed to high rates of



recidivism, where individuals who have served their sentences frequently reoffend. According to reports, the recidivism rate in Pakistan ranges from 30% to 70%, indicating a systemic failure to address the root causes of criminal behavior. This situation threatens public safety and undermines the dignity and potential of those who have strayed into crime (Priyatmono, & Anwar, 2024).

Islam, as a comprehensive way of life, provides a framework that emphasizes justice, mercy, and the moral responsibility of individuals towards their communities. The teachings of Islam encourage rehabilitation over retribution, advocating for a compassionate approach to dealing with offenders. The Qur'an and Hadith contain numerous references to the importance of forgiveness, redemption, and social responsibility, which can serve as guiding principles for effective rehabilitation programs (Bhatti et al., 2022).

Moreover, the Islamic concept of *Ummah* —the global Muslim community—highlights individuals' collective responsibility towards one another. This sense of belonging and mutual support can be instrumental in reintegrating former offenders into society. Community-based rehabilitation programs that leverage Islamic values can create an environment where individuals feel supported and encouraged to reform, reducing the likelihood of reoffending (Khan et al., 2023).

In recent years, several initiatives have emerged in Pakistan that align with these principles. Faith-based organizations and community groups increasingly recognize the need for holistic rehabilitation strategies incorporating spiritual guidance alongside vocational training and counseling. These programs aim to address the multifaceted needs of offenders, equipping them with the skills and support necessary for successful reintegration. However, while the potential of Islamic teachings in reducing recidivism is promising, it is essential to approach this topic with a critical lens. The diverse interpretations of Islam and the varying degrees of adherence among individuals can lead to discrepancies in how these principles are applied in rehabilitation efforts. Furthermore, the collaboration between religious institutions and the state is often fraught with challenges, including bureaucratic hurdles and differing priorities (Masyhar et al., 2023).





This study aims to investigate the role of Islam in reducing recidivism and criminality in Pakistan by examining both the theoretical underpinnings and practical applications of faith-based rehabilitation approaches. The intersection of Islam and criminal rehabilitation in Pakistan presents a vital research and policy development area. As the country continues to grapple with high rates of crime and recidivism, leveraging the moral and ethical foundations of Islam could provide a pathway toward more effective rehabilitation strategies. This study aims to contribute to the growing discourse on faith-based approaches to criminal justice, emphasizing the importance of integrating spiritual values with practical support systems. Ultimately, by embracing the transformative potential of Islamic teachings, Pakistan may be better equipped to address the challenges of recidivism and criminality, fostering a more just and cohesive society (Rahman, 2023).

Research Justification

In Pakistan, the rising rates of crime and recidivism present significant societal challenges, highlighting the urgent need for effective rehabilitation strategies. Given that Islam is the predominant religion, this research explores how Islamic teachings can play a crucial role in reducing criminal behavior and recidivism rates among offenders. Islam emphasizes key principles such as repentance (*Tawbah*), community support (*Ummah*), and moral accountability, which can be instrumental in reshaping the behavior of those who have strayed from societal norms. Integrating these teachings into rehabilitation programs can foster a sense of belonging and purpose among offenders, encouraging them to reintegrate into society more effectively.

Furthermore, culturally sensitive interventions that align with Islamic values are likely to be more accepted by offenders, increasing the chances of successful rehabilitation. This study aims to fill a notable gap in the existing literature by examining the intersection of religion and criminal behavior, providing insights into how Islamic principles can inform correctional practices in Pakistan. The implications of this research extend to policymakers and practitioners, guiding the development of holistic crime prevention strategies that resonate with the cultural and ethical fabric of Pakistani society. By focusing on the rehabilitative



aspects of Islam, this research seeks to reduce recidivism and promote broader social justice, emphasizing the importance of forgiveness and second chances within the framework of Islamic teachings. Ultimately, this study aims to contribute to Pakistan's safer, more just society.

Research Objectives

- 1. To discuss the historical background of the relationship between recidivism and Islam in Pakistan.
- 2. To highlight the theoretical context of Islam in reducing recidivism and criminality in Pakistan.
- 3. To identify the key challenges regarding recidivism and criminality in Pakistan.
- 4. To explore the opportunities for minimizing recidivism and criminality in Pakistan.
- 5. To propose effective prevention and intervention strategies.

Research Methodology

This study employed a systematic review methodology, with research objectives established accordingly. A comprehensive literature review was conducted (Komba & Lwoga, 2020). Research findings were categorized based on their content (Hiver et al., 2021; Petticrew & Roberts, 2006), and classified information was incorporated into the study by organizing it into headings (Gan et al., 2021; Pawson et al., 2005). The evaluation of classified information and titles formed the basis of the study (Page, 2021; Rahi, 2017), ensuring the integrity of the research subject and its contents (Egger et al., 2022; Victor, 2008).

Literature Review

The relationship between religion and criminal behavior has long been a subject of scholarly inquiry, with particular attention given to the role of Islam in shaping social norms and influencing individual conduct. In the context of Pakistan, where Islam is the predominant religion, understanding how Islamic principles can impact recidivism and criminality is essential for developing effective rehabilitation strategies. This literature review synthesizes existing research on the role of Islam





in reducing criminal behavior, focusing on its teachings, community influence, and practical applications within the criminal justice system. Islamic teachings emphasize moral accountability, forgiveness, and community support, which can significantly influence behavior (Fauzan, 2022).

The Qur'an and Hadith advocate for repentance (*Tawbah*) as a means of spiritual renewal, encouraging individuals to acknowledge their wrongdoings and seek forgiveness from God and society. Scholars argue that these principles can foster a culture of accountability and self-reflection among offenders, promoting their reintegration into society (Khan, 2015). Research suggests that offenders who engage with these teachings are more likely to change their behaviors positively, reducing the likelihood of recidivism (Ahmed & Malik, 2018). The moral framework provided by Islam offers a holistic approach to rehabilitation, emphasizing the importance of spiritual and ethical development alongside practical skills (Islam et al., 2022).

Community dynamics play a crucial role in rehabilitation, particularly in Islamic contexts. *Ummah*, or community, is central to Islamic teachings and emphasizes collective responsibility for individual actions. Studies indicate that strong community ties can protect against criminal behavior, as individuals are motivated to adhere to social norms and values upheld by their community (Khan, 2024).

This communal approach can facilitate support systems for offenders, reducing feelings of isolation and stigma that often accompany incarceration. Research has shown that community-based programs that leverage Islamic teachings can effectively lower recidivism rates by fostering a sense of belonging and accountability (Wasmi et al., 2024).

Restorative justice practices aligning closely with Islamic principles have gained attention as effective methods for addressing criminal behavior. Unlike traditional punitive approaches, restorative justice emphasizes repairing harm and restoring relationships between offenders and victims. Islamic teachings advocate for forgiveness and reconciliation, which can be integrated into restorative justice frameworks to enhance effectiveness. Studies suggest that programs incorporating Islamic principles of restorative justice not only address the needs of victims but



also provide offenders with opportunities for redemption, thereby reducing the likelihood of reoffending (Kanwel et al., 2024).

This approach can transform the justice system into a more rehabilitative entity, focusing on healing rather than mere punishment. Despite the promising role of Islam in rehabilitation, challenges remain in effectively implementing these principles within the criminal justice system. Misinterpretations of Islamic teachings can lead to a punitive focus that undermines the potential for rehabilitation. Extremist interpretations may promote a narrow view of justice emphasizing retribution over compassion, leading to increased recidivism (Khan & Iqbal, 2021). Furthermore, societal stigma surrounding former offenders complicates reintegration efforts, as individuals may face discrimination and rejection upon release. Addressing these societal attitudes is crucial for creating an environment that supports rehabilitation and reduces recidivism (Ahmad et al., 2022).

Moreover, the lack of resources and infrastructure for rehabilitation programs in Pakistan poses significant barriers. Many correctional facilities are overcrowded and underfunded, limiting access to educational and vocational training essential for successful reintegration (UNODC, 2020). Without adequate support systems, even the most well-intentioned Islamic rehabilitation programs may struggle to achieve their goals. Investing in rehabilitation infrastructure that aligns with Islamic values can enhance the overall effectiveness of these initiatives, providing offenders with the tools and support they need to reintegrate successfully (Chaudhary et al., 2024).

Research on the effectiveness of Islamic-based rehabilitation programs is still limited, highlighting the need for more empirical studies in this area. While existing literature suggests a positive correlation between Islamic teachings and reduced recidivism, comprehensive evaluations of specific programs are necessary to establish best practices and guidelines (Ellington. 2024). Many offenders struggle with underlying psychological issues that contribute to their criminal behavior. Incorporating mental health support into rehabilitation initiatives, guided by Islamic principles of compassion and understanding, can enhance overall effectiveness and promote holistic healing. Addressing mental health within the framework of Islamic teachings can create a more





comprehensive approach to rehabilitation that considers the multifaceted nature of criminal behavior (Ahmed et al., 2024).

The role of Islam in reducing recidivism and criminality in Pakistan is a complex yet promising area of research. Islamic teachings offer a rich moral framework for rehabilitation practices, emphasizing forgiveness, community support, and restorative justice. While challenges such as misinterpretation, societal stigma, and resource limitations persist, the potential for integrating these principles into effective rehabilitation programs remains significant. Future research should focus on empirical evaluations, qualitative studies, and the integration of mental health services to develop comprehensive strategies that leverage Islamic values in reducing recidivism and fostering a more just society in Pakistan (FITRI WAHYUNI, 2021).

Historical Background of the Relationship Between Recidivism and Islam in Pakistan

The interplay between Islam, criminality, and recidivism in Pakistan is deeply rooted in the country's sociocultural and historical context. Following its independence in 1947, Pakistan established a legal system influenced by British colonial law and Islamic principles. In the 1980s, under General Zia-Ul-Haq regime, Pakistan saw the implementation of Islamic laws, known as Hudood Ordinances, which aimed to align the legal framework with Sharia. These laws sought to deter crime through strict punishments, but their effectiveness has been widely debated (Revkin, & Kao, 2021).

Despite the punitive measures, the high rates of recidivism among former offenders have persisted, highlighting the limitations of a strictly punitive approach. Historically, Islamic teachings emphasize rehabilitation and moral reform over mere punishment. Concepts such as repentance (*Tawbah*) and community support (*Ummah*) advocate a holistic approach to criminal behavior, focusing on social reintegration. In recent years, there has been a growing recognition of the need for rehabilitation that aligns with Islamic values. Various non-governmental organizations and community initiatives have emerged, emphasizing restorative justice principles rooted in Islamic teachings. This shift aims to create supportive



environments that facilitate the reintegration of offenders, reduce recidivism, and foster social cohesion (Amitay, et al., 2021).

Overall, understanding the historical context of Islam in Pakistan's legal and social frameworks is crucial for exploring its potential role in addressing crime and promoting rehabilitation, aligning with the moral imperatives inherent in Islamic teachings.

Role of Islam in Reducing Recidivism and Criminality in Pakistan

In recent years, Pakistan has grappled with increasing rates of recidivism and criminality, prompting a critical examination of its criminal justice system and rehabilitation strategies. Traditional punitive measures have often proven inadequate, leading to a cycle of reoffending that burdens individuals, families, and communities alike. In this context, the role of Islam emerges as a potentially transformative influence in addressing these issues. Islam, as the predominant faith in Pakistan, offers a rich tapestry of teachings that emphasize moral accountability, compassion, and community support. Central tenets such as *Tawbah* (repentance), *Maghfirah* (forgiveness), and the concept of *Ummah* (community) provide a framework for understanding rehabilitation not merely as a punitive process but as a holistic journey toward personal transformation and societal reintegration (Taposi et al., 2024).

This exploration seeks to highlight how Islamic principles can inform effective rehabilitation programs that address the immediate behaviors of offenders and tackle the socio-economic factors contributing to criminality. By examining existing faith-based rehabilitation initiatives and the sociocultural context of crime in Pakistan, this study aims to illustrate the potential for Islam to play a pivotal role in reducing recidivism rates and fostering a more just society. The integration of Islamic values into rehabilitation practices could reshape the narrative around crime and punishment in Pakistan, encouraging a shift from retribution to restoration. As Pakistan continues to navigate the complexities of its criminal justice challenges, the teachings of Islam stand as a beacon of hope, offering pathways to healing, understanding, and, ultimately, a more cohesive and compassionate society (Waheed, 2023).



Theoretical Context of Islam in Reducing Recidivism and Criminality in Pakistan

The exploration of Islam's role in reducing recidivism and criminality in Pakistan can be framed within several theoretical perspectives.

1. Social Control Theory posits that strong social bonds and community ties can deter criminal behavior. In Islamic teachings, the concepts of *Ummah* (community) and accountability encourage individuals to adhere to social norms and values. This theory suggests that fostering a supportive community can effectively reduce recidivism (Ajmal, & Arshad, 2024).

2. Restorative Justice Theory aligns closely with Islamic principles, emphasizing healing and reconciliation over punishment. Islam advocates for forgiveness and moral rectitude, encouraging offenders to seek repentance (*Tawbah*) and make amends to society. This approach addresses the harm caused by criminal acts and promotes the offender's reintegration into the community. (Irfan, 2022).

3. Labeling Theory highlights how societal labels can impact an individual's self-identity and behavior. When labeled negatively, offenders may internalize this identity, leading to further criminal behavior. This theory suggests that society can help reshape offenders' identities and reduce recidivism by promoting a narrative of redemption and second chances rooted in Islamic values (Hassan, et al., 2023).

4. Cognitive Behavioral Theory underscores the importance of changing thought patterns to alter behavior. Islamic teachings encourage self-reflection and moral reasoning, which can be integrated into rehabilitation programs to help offenders rethink their choices and develop a commitment to lawful living (Hussain, & Sajid, 2024).

Together, these theoretical frameworks provide a comprehensive understanding of how Islamic principles can effectively reduce recidivism and criminality in Pakistan.



Challenges and Opportunities for Islam in Reducing Recidivism and Criminality in Pakistan

Challenges

1. Misinterpretation of Islamic Teachings: One significant challenge is the misinterpretation or selective application of Islamic teachings. Extremist groups may distort Islamic principles to justify punitive measures rather than focusing on rehabilitation and forgiveness. It can create societal divisions and hinder genuine reform efforts (Ahmed et al., 2022).

2. Stigma and Labeling: Former offenders often face societal stigma, making reintegration difficult. The labeling theory suggests that negative labels can lead to a self-fulfilling prophecy, where individuals internalize these labels and continue to engage in criminal behavior. Overcoming this stigma is crucial for successful rehabilitation (Gul et al., 2021).

- 1. Lack of Resources: Rehabilitation programs in Pakistan often lack adequate funding and resources. Many correctional facilities are overcrowded and underfunded, limiting access to educational and vocational training that could aid in reintegration.
- 2. **Cultural Barriers**: There may be resistance from traditional societal structures that prioritize punitive measures over rehabilitative ones. Changing mindsets within communities to embrace rehabilitation rooted in Islamic values can be a slow process.

Opportunities

Integration of Islamic Principles: There is a significant opportunity to integrate Islamic principles into rehabilitation programs. Community organizations can develop initiatives that promote forgiveness, moral accountability, and support from the *Ummah*, creating a more conducive environment for rehabilitation (Ahmad et al., 2022).

Restorative Justice Practices: The growing interest in restorative justice aligns well with Islamic teachings. Programs focusing on reconciliation and community healing can provide alternative pathways to conventional punitive measures, fostering a culture of understanding and forgiveness (Rizvi, & Bhatti, 2022).



Engagement with Religious Leaders: Engaging religious leaders can enhance the legitimacy and acceptance of rehabilitation initiatives. Their involvement can help disseminate positive interpretations of Islamic teachings emphasizing compassion and reform (Alif et al., 2024).

Educational Initiatives: There is an opportunity to develop educational programs that highlight the importance of rehabilitation within an Islamic framework. By raising awareness and understanding, communities can foster a more supportive environment for offenders seeking to reintegrate.

Discussion

The role of Islam in reducing recidivism and criminality in Pakistan presents a nuanced intersection of faith, social structure, and legal frameworks. At the heart of Islamic teachings lies a profound emphasis on mercy, forgiveness, and community support—critical elements for effective rehabilitation. Unlike purely punitive approaches, Islam advocates for moral accountability and the opportunity for repentance (*Tawbah*), encouraging offenders to reflect on their actions and seek forgiveness from God and society. One of the key discussions centers on how Islamic principles can inform rehabilitation programs within the criminal justice system. Programs incorporating compassion and restorative justice teachings can significantly alter offenders' mindsets. By focusing on reintegration rather than punishment, these initiatives can reduce recidivism rates and foster social harmony.

However, the application of Islamic teachings is not without challenges. Misinterpretations and extremist narratives can overshadow the rehabilitative aspects of Islam, leading to a punitive focus that undermines the potential for reform. Moreover, societal stigma against former offenders complicates their reintegration, often resulting in marginalization and recidivism.

Engaging community leaders and religious scholars in discussions about rehabilitation can bridge these gaps. By promoting a narrative of redemption grounded in Islamic values, communities can create supportive environments that encourage change. In conclusion, while the path to reducing recidivism through Islamic teachings is fraught with







challenges, the inherent values of forgiveness, community, and moral responsibility offer a promising framework. By harnessing these principles, Pakistan can work towards a justice system emphasizing rehabilitation, ultimately fostering a more just and compassionate society.

Conclusion

The exploration of Islam's role in reducing recidivism and criminality in Pakistan underscores the potential for religious teachings to inform and enhance rehabilitation efforts within the criminal justice system. Islam's foundational principles—such as forgiveness, community support, and moral accountability—provide a valuable framework for addressing the complexities of criminal behavior. By emphasizing the importance of repentance (*Tawbah*) and the opportunity for reintegration into society, Islamic teachings can inspire a shift from punitive measures to rehabilitative practices that encourage offenders to change their lives positively.

However, the journey toward effectively integrating these principles is not without challenges. Misinterpretations of Islamic teachings, societal stigma, and a prevailing punitive mindset can hinder progress. To overcome these obstacles, engaging community leaders and religious scholars in promoting a rehabilitative narrative that aligns with Islamic values is essential. Such collaboration can foster a supportive environment that not only aids in reintegrating offenders but also strengthens community ties.

Furthermore, implementing programs that incorporate restorative justice principles can serve as a catalyst for change. These initiatives can help reshape societal attitudes toward offenders, fostering understanding and compassion rather than exclusion. Harnessing Islam's moral and ethical dimensions offers a promising pathway to reducing recidivism and criminality in Pakistan. Society can work towards a more just and compassionate framework by fostering an environment that prioritizes rehabilitation over punishment. Ultimately, this approach can lead to safer communities and a more cohesive society, reflecting the true essence of Islamic teachings that advocate for mercy and redemption.



Recommendations

1. Community Engagement Programs: Develop initiatives involving local communities in rehabilitation efforts, promoting understanding and support for offenders. Community members can play a vital role in creating an environment conducive to reintegration.

2. Training for Correctional Staff: Provide prison staff with training on Islamic teachings related to forgiveness and rehabilitation. It can help foster a more supportive atmosphere within correctional facilities, encouraging positive interactions with inmates.

3. Incorporate Religious Leaders: Engage religious leaders to advocate for rehabilitation rooted in Islamic principles. Their involvement can help reshape public perceptions and promote a narrative of redemption and second chances.

4. Restorative Justice Programs: Implement restorative justice practices emphasizing reconciliation and community healing. These programs can facilitate dialogue between victims and offenders, fostering mutual understanding and healing.

5. Educational and Vocational Training: Establish educational and vocational training programs in correctional facilities that align with Islamic values. Providing skills and knowledge can significantly enhance offenders' chances of successful reintegration.

6. Counseling and Mental Health Support: Offer counseling services that address the psychological needs of offenders. Incorporating Islamic teachings about mental health and well-being can help individuals work through their issues and prevent recidivism.

7. Public Awareness Campaigns: Launch campaigns to educate the public about the importance of rehabilitation and the role of Islam in promoting second chances. Raising awareness can reduce stigma and encourage community support for reintegration efforts.

8. Research and Data Collection: Conduct studies to assess the effectiveness of Islamic-based rehabilitation programs. Collecting data can provide insights into successful strategies and inform future initiatives.





9. Policy Advocacy: Advocate for policies integrating Islamic principles into the criminal justice system. Engaging with lawmakers to promote rehabilitation-focused legislation can create systemic changes.

10. Mentorship Programs: Establish mentorship initiatives that connect former offenders with community leaders or successful individuals. These relationships can guide, support, and encouragement during reintegration.

Research Limitations

Researching the role of Islam in reducing recidivism and criminality in Pakistan presents several limitations. Firstly, the diversity of interpretations within Islamic teachings can lead to inconsistent applications of its principles in rehabilitation programs, complicating the establishment of a unified framework for analysis.Secondly, data availability is a significant challenge. Reliable statistics on recidivism rates, particularly those influenced by Islamic-based rehabilitation initiatives, are often scarce. This lack of empirical data can hinder the ability to draw definitive conclusions about the effectiveness of these programs.

Additionally, the cultural stigma surrounding offenders may affect participation in research, limiting access to firsthand accounts from former inmates regarding their experiences with Islamic teachings in rehabilitation. Furthermore, the political landscape in Pakistan may influence the acceptance and implementation of Islamic rehabilitation programs, introducing variables that are difficult to control in research.

Lastly, the study's timeframe may not capture long-term effects, as recidivism can take years to manifest. These limitations highlight the need for a cautious interpretation of findings and emphasize the importance of longitudinal studies to understand the impact of Islamic principles on criminal behavior fully.

Research Implications

Exploring Islam's role in reducing recidivism and criminality in Pakistan carries significant implications for policy, practice, and scholarship. First, the findings can inform policymakers about the potential effectiveness of integrating Islamic principles into rehabilitation



programs. It could lead to more culturally relevant and accepted interventions prioritizing moral reform and community support.

For practitioners in the criminal justice system, the research highlights the importance of adopting a rehabilitative approach that aligns with Islamic values, promoting forgiveness and social reintegration. It could enhance the effectiveness of existing programs and foster a more compassionate response to offenders.Academically, this study contributes to the discourse on the intersection of religion and criminal justice, encouraging further research into how faith-based frameworks can address societal issues like crime and recidivism.

Finally, the implications extend to community engagement, emphasizing the role of local leaders and organizations in supporting rehabilitation efforts. By creating an environment that embraces second chances, communities can play a vital role in reducing recidivism, fostering social cohesion, and promoting public safety.

Future Research Directions

Future research on Islam's role in reducing recidivism and criminality in Pakistan should focus on several key areas to enhance understanding and the effectiveness of interventions. First, longitudinal studies could be conducted to track the long-term impacts of Islamic-based rehabilitation programs on recidivism rates. This approach would provide valuable insights into the sustained effectiveness of such programs over time, helping to identify which specific elements contribute most to successful reintegration.

Second, comparative analyses between Islamic and non-Islamic rehabilitation methods could reveal the distinct influences of religious teachings on recidivism. Understanding these differences can inform best practices in correctional strategies and highlight the unique contributions of faith-based approaches. Additionally, qualitative research, including interviews and focus groups with former offenders, religious leaders, and community members, can uncover personal experiences and perceptions regarding the effectiveness of Islamic teachings in promoting rehabilitation. It could provide nuanced insights into how faith impacts behavior and reintegration.



Exploring the role of community support systems is another vital area. Researching how community involvement influences the success of rehabilitation efforts can help identify strategies to strengthen social ties and reduce the stigma surrounding offenders. Lastly, examining the integration of mental health services within Islamic rehabilitation programs could enhance outcomes for offenders, addressing underlying issues that contribute to criminal behavior. By pursuing these directions, future research can significantly contribute to developing effective strategies for reducing recidivism and fostering a more just society in Pakistan.





References

- Alif, S., Umar, Z., Aslam, R., & Zaka, S. (2024). Effectiveness of Rehabilitation: A Comparative Study of Punjab Probation & Parole Service and the Prison Department. *Bulletin of Business and Economics (BBE)*, *13*(3), 436-443. https://bbejournal.com/BBE/article/view/1027
- Ahmed, T., Wassan, R., & Lashari, A. B. (2022). Impacts of Vocational Training and Recreational Activities on Prison Inmates: A Case Study of Youthful Offender's Correctional Facility, Hyderabad Pakistan. *Pakistan Languages and Humanities Review*, 6(4), 238-246. <u>https://ojs.plhr.org.pk/journal/article/view/282</u>
- Ajmal, M., & Arshad, M. (2024). Role of Family and Other Social Institutions for Restoration, Reintegration and Social Support of Ex-Prisoners in Punjab, Pakistan. *Remittances, Review*, 9(1),1406-1422. <u>https://remittancesreview.com/menuscript/index.php/remittances/article/view/1357</u>
- Irfan, L. (2022). The religious community: A space that facilitates successful resettlement for Muslim offenders. In *Exploring Islamic Social Work: Between Community and the Common Good* (pp. 47-64). Cham: Springer International Publishing. <u>https://library.oapen.org/bitstream/handle/20.500.12657/56969/978-3-030-95880-0.pdf?sequence=1#page=55</u>
- Hassan, A., Rao, S. S., & Amjad, B. (2023). Risk Factors of Criminal Recidivism into. <u>https://www.humapub.com/admin/alljournals/glsr/papers/dUjWlpNrjt.pdf</u>
- Hussain, Z., & Sajid, I. A. (2024). Family Role in the Reintegration of Juvenile Delinquents: A Post-Release Analysis in Dir Valley Pakistan. *Pakistan Journal of Criminology*, 16(2).<u>https://www.pjcriminology.com/wpcontent/uploads/2024/04/</u> 2-Family-Role-in-the-Reintegration-of-Juvenile-Delinquents.pdf
- Gul, R., Muhammad, B., & Hussain, R. (2021). An Analysis of Risk-Need-Responsivity Model to Reform Pakistan's Prisons. *Pakistan Journal of Criminology*, *13*(3). https://search.ebscohost.com/login.aspx?direct=true&profile=ehost&scope=site& authtype=crawler&jrnl=20742738&AN=155744619&h=aGZ7Z%2BsD1i54ki2iN LczYNn27i8sNhLPiMmCK43NrRCbuwlGc9EZpX3GGEJXT2gPVkxv1YvJQ2T JegEVadeO3A%3D%3D&crl=c
- Ahmad, M., Nabi, S. H., & Shakeel, Y. (2022). Understanding deradicalization programs in Pakistan: recommendations for policy and practice. *Journal of policy research*, 8(3), 303-306. <u>https://www.academia.edu/download/107215182/81.pdf</u>
- Ahmad, W., Chengbin, L., Mahmood, R., Suleman, R. M. F., Mahmood, S., & Mahmood, U. (2024). *Exploring the Integration of Restorative Justice into the Criminal Justice System of Pakistan*. Qualitative Research. https://qualitativeresearchjournal.com/index.php/view/article/view/110





- Amitay, G., Hawa-Kamel, D., & Ronel, N. (2021). Sufi non-doing offender rehabilitation: Positive and peacemaking criminology in practice. *International journal of offender therapy and comparative criminology*, 65(8), 916-936. <u>https://journals.sagepub.com/doi/abs/10.1177/0306624X21990782</u>
- Alif, S., Umar, Z., Aslam, R., & Zaka, S. (2024). Effectiveness of Rehabilitation: A Comparative Study of Punjab Probation & Parole Service and the Prison Department. Bulletin of Business and Economics (BBE), 13(3), 436-443. https://bbejournal.com/BBE/article/view/1027
- Bhatti, S. H., Hussain, M., & Salman, M. (2022). The Realistic Approach of Criminological Theories to Reduce Social Evils: A Case Study of Pakistan with an International Perspective. Annals of Social Sciences and Perspective, 3(2), 373-385. <u>http://assap.wum.edu.pk/index.php/ojs/article/view/199</u>
- Bhutta, M. H., Wormith, J. S., & Zidenberg, A. M. (2019). Assessing the relationship between religiosity and recidivism among adult probationers in Pakistan. International journal of offender therapy and comparative criminology, 63(5), 752-780. https://journals.sagepub.com/doi/abs/10.1177/0306624X18808674
- Chaudhary, S. I., Asghar, U., & Afzal, M. (2024). EXAMINING RESTORATIVE JUSTICE: DIFFERENT APPROACHES IN ISLAMIC CUSTOMARY LAW AND INTERNATIONAL PRACTICES. PAKISTAN ISLAMICUS (An International Journal of Islamic & Social Sciences), 4(02), 41-54 .https://www.pakistanislamicus.com/index.php/home/article/view/132
- Egger, M., Higgins, J. P., & Smith, G. D. (Eds.). (2022). Systematic reviews in health research: Meta-analysis in context. John Wiley & Sons.
- Gan, J., Xie, L., Peng, G., Xie, J., Chen, Y., & Yu, Q. (2021). Systematic review on modification methods of dietary fiber. *Food Hydrocolloids*, *119*, 106872. <u>https://doi.org/10.1016/j.foodhyd.2021.10687210.1136/qshc.2004.012781</u>
- Hiver, P., Al-Hoorie, A. H., Vitta, J. P., & Wu, J. (2021). Engagement in language learning: A systematic review of 20 years of research methods and definitions. *Language Teaching Research*, 13621688211001289. <u>https://journals.sagepub.com/doi/10.1177/13621688211001289</u>
- Hassan, A., Rao, S. S., & Amjad, B. (2023). Risk Factors of Criminal Recidivism into. <u>https://www.humapub.com/admin/alljournals/glsr/papers/dUjWlpNrjt.pdf</u>
- Islam, S., Khan, S. S. Y., Gul, K., & Khan, Y. (2022). Criminal Behaviour in the Context of Various Criminal Theories. Review of Education, Administration & Law, 5(4), 643-655. <u>http://real.spcrd.org/index.php/real/article/view/293</u>
- Komba, M. M., & Lwoga, E. T. (2020). *Systematic review as a research method in library and information science*. 10.4018/978-1-7998-1471-9.ch005.







- Khan, M. I., Shah, S., & Kanwel, S. (2023). Rehabilitation Reconsidered: A Comprehensive Legal Analysis. Journal of Asian Development Studies, 12(3), 1075-1081. https://poverty.com.pk/index.php/Journal/article/view/186
- Kanwel, S., Hassan, S. S. U., & Ayub, N. (2023). Critical Analysis of Sentences in the Criminal Justice System of Pakistan. Pakistan JL Analysis & Wisdom, 2, 547. <u>https://heinonline.org/HOL/LandingPage?handle=hein.journals/pknjlolw2&div=7</u> <u>9&id=&page=</u>
- Page, M. J., McKenzie, J. E., Bossuyt, P. M., Boutron, I., Hoffmann, T. C., Mulrow, C. D., Shamseer, L., Tetzlaff, J. M., & Moher, D. (2021). Updating guidance for reporting systematic reviews: Development of the PRISMA 2020 statement. *Journal of Clinical Epidemiology*, *134*, 103-112. https://doi.org/10.1016/j.jclinepi.2021.02.003
- Pawson, R., Greenhalgh, T., Harvey, G., & Walshe, K. (2005). Realist review A new method of systematic review designed for complex policy interventions. *Journal of Health Services Research & Policy*, 10(1), 21-34. 10.1258/1355819054308530
- Petticrew, M., & Roberts, H. (2006). *Systematic reviews in the social sciences: A practical guide*. Blackwell Publishing. 10.1002/9780470754887
- Priyatmono, B., & Anwar, U. (2024). Model of Islamic Religious Spiritual Development for General Prisoners in Preventing Recidivism in Prison. *International Journal of Law and Politics Studies*, 6(1), 115-129. <u>https://al-kindipublisher.com/index.php/ijlps/article/view/7061</u>
- Masyhar, A., Murtadho, A., & Sabri, A. Z. S. A. (2023). The Driving Factors for Recidivism of Former Terrorism Convicts in Socio-Legal Perspective. *JILS*, 8, 379.https://heinonline.org/hol-cgi-bin/get_pdf.cgi?handle=hein.journals/jils8§ion=12
- Rahman, F.(2023). Offender Rehabilitation Programs and Techniques: Bangladesh and International Perspectives. <u>https://www.academia.edu/download/106696612/Offender_Rehabilitation_Programs</u> <u>ms and Techniques Bangladesh And International Perspectives.pdf</u>
- Fauzan, F. (2022). Alternatives to Criminal Conviction in a Comparative Analysis of Positive Law and Islamic Criminal Law. *Al-Istinbath: Jurnal Hukum Islam*, 7(1 May), 183-202. http://journal.iaincurup.ac.id/index.php/alistinbath/article/view/4308
- Khan, S. (2024). Nexus between Faith and Therapeutic Interventions in the Rehabilitation of Offenders: A Case Study of the Muslim Minority Community in South Africa. Southern African Journal of Social Work & Social Development, 36(2). https://search.ebscohost.com/login.aspx?direct=true&profile=ehost&scope=site&

https://search.ebscohost.com/login.aspx?direct=true&profile=ehost&scope=site& authtype=crawler&jrnl=25200097&AN=178486739&h=ltri2GDEs4GCaiZd55W







<u>AE%2BRHDi8xBSo8gP9fHsSVwnO5C%2FoC0nEYDvVqtymDqZHyTBdqqBI</u> <u>C40kFABfutmRNtA%3D%3D&crl=c</u>

- Wasmi, A. A. M., Khah, R. N., & Jafarzadeh, S. (2024). THE LEGAL STRUCTURE OF THE IMPACT OF RECIDIVISM PROBABILITY ON CRIMINAL PUNISHMENT. *ACTA SCIENTIAE*, 7(2), 524-537. http://periodicosulbra.org/index.php/acta/article/view/147
- Kanwel, S., Asghar, U., & Khan, M. I. (2024). Beyond Punishment: Human Rights Perspectives on Crime Prevention. *Pakistan JL Analysis & Wisdom*, 3, 14. <u>https://heinonline.org/hol-cgi-bin/get_pdf.cgi?handle=hein.journals/pknjlolw3§ion=50</u>
- Chaudhary, S. I., Asghar, U., & Afzal, M. (2024). EXAMINING RESTORATIVE JUSTICE: DIFFERENT APPROACHES IN ISLAMIC CUSTOMARY LAW AND INTERNATIONAL PRACTICES. *PAKISTAN ISLAMICUS (An International Journal of Islamic & Social Sciences)*, 4(02), 41-54. http://www.pakistanislamicus.com/index.php/home/article/view/132
- Ellington, T. Y. (2024). Perceptions on the Effects of Religious Programs on Criminal Behavior Among Juveniles (Doctoral dissertation, Walden University). <u>https://search.proquest.com/openview/9e5560c771e7f39b0d3350f8bda5fcf9/1?pq</u> -origsite=gscholar&cbl=18750&diss=y
- FITRI WAHYUNI, F. I. T. R. I. (2021). CRIMINAL SANCTIONSFOR CORRUPTION CRIMES BASED ON PERSPECTIVE STUDY OF RENEWAL LAW AND THE RELATIONSHIP WITH ISLAMIC CRIMINAL LAW. *Ar Risalah UIN STS Jambi*, 21(2), 220-233. <u>http://repository.unisi.ac.id/id/eprint/244</u>
- Revkin, M. R., & Kao, K. (2021). How Does Punishment Affect Reintegration? Attitudes Toward Islamic State. *Attitudes Toward Islamic State*" Collaborators" in Iraq. <u>https://papers.ssrn.com/sol3/papers.cfm?abstract_id=3832730</u>
- Taposi, F. S., Hoq, E., & Moin, M. M. H. (2024). TRAUMA, CRIME, AND JUSTICE: A CRITICAL EXAMINATION OF STRUCTURAL INEQUALITIES AND RECIDIVISM. *Journal of Asian and African Social Science and Humanities*, 10(2), 1-12. http://www.aarcentre.com/ojs3/index.php/jaash/article/view/334

 Waheed, K. (2023). Impact of Religious Motivation on Rate of Recidivism in Rural Areas of District Okara (Pakistan). *Journal of Asian Development Studies*, 12(1),

- 26-41. https://poverty.com.pk/index.php/Journal/article/view/235
- Rahi, S. (2017). Research design and methods: A systematic review of research paradigms, sampling issues, and instruments development. *International Journal of Economics & Management Sciences*, 6(2). 10.4172/2162-6359.1000403
- Rizvi, S. G. A., & Bhatti, S. H. (2022). An Overview of the Criminal Justice System as a Dominant Mechanism for Social Rehabilitation. Pakistan Journal of Humanities and Social Sciences, 10(4), 1447-1454 . https://www.journals.internationalrasd.org/index.php/pjhss/article/view/1010





• Victor, L. (2008). Systematic reviewing in the social sciences: Outcomes and explanation. Enquire, 1(1), 32-46. https://www.nottingham.ac.uk/sociology/documents/enquire/volume-1-issue-1-victor.pdf



